

1:1 Coaching Program

ARE YOU READY FOR YOUR CAREER TRANSFORMATION?

Understand Your Feelings and Gain Clarity on
Your Career Path with Confidence

PAULINAMAKOL.COM

Practical Workbook

UNDERSTAND YOUR EMOTIONS & GAIN CAREER CLARITY

This Workbook invites you to explore your career satisfaction and readiness for change. Find a quiet space, take your time with each question, and be honest as you reflect on your career journey. Dive in and discover the insights that can shape your future success.

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Practical Workbook

On a scale of 1 to 10, how fulfilled do you feel in your current career?

How does your current job align with your passions, values, and long-term goals?

How do you feel emotionally when you think about your job?

How do these emotions affect your performance, relationships, and overall happiness?

Practical Workbook

How would your life be different if you were fully satisfied and fulfilled in your career?

If money were no object, would you still be doing the same job? Why or why not?

On a scale of 1 to 10, rate your level of readiness to take action towards improving your career satisfaction.

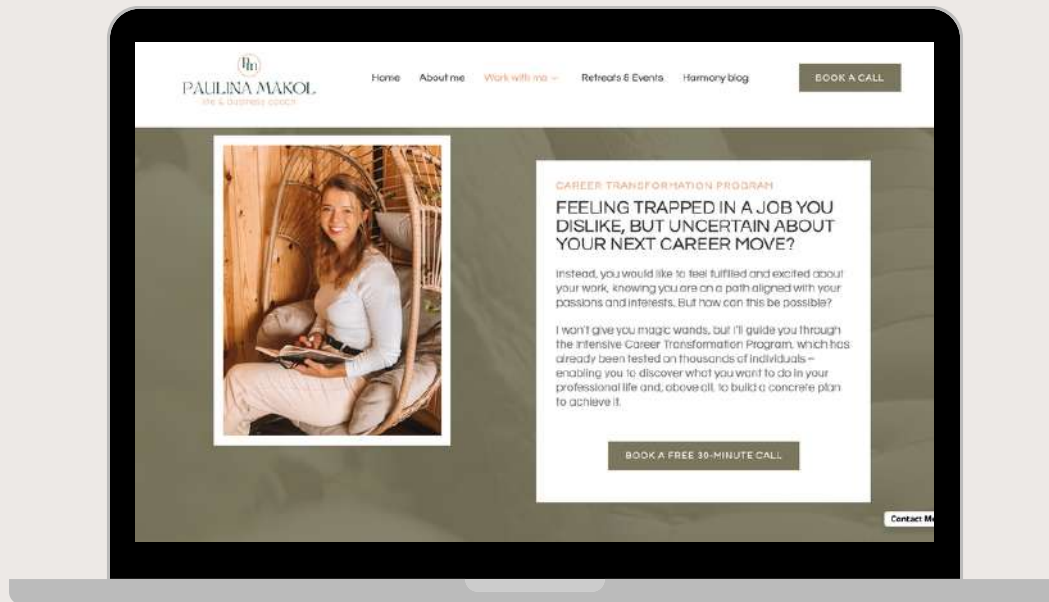
What resources, support, or skills do you need to succeed in your career transformation journey?

NEXT STEP

I trust that this workbook has enabled you to gain clarity on your current career situation.

If you've reached a point where you're considering a change in your career path and believe that professional support could be beneficial,

I invite you to take the next step. Set up a 30-minute free consultation with me—no strings attached.



**BOOK A FREE
CONSULTATION**

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